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### Today's Music

**Prelude:** *Colors of the Wind* from the movie "Pocahontas"  
Alan Menken

**Choir Anthem:** *Shoshone Love Song (The Heart's Friend)*  
Native American Text with music by Roger Emerson

**Musical Meditation:** *Canyon Winds*  
Marie Constas, arr. Rober Constas

**Offertory:** *Mahk Jchi*  
Music by Robbie Robertson for Native American Text:  
Our hearts are full, our minds are good  
Ancestors come. They give us great strength  
They tell us to stand tall, sing, and dance  
Never forget who you are and where you come from.

**Recessional:** *Singer of Life*  
Native American melody

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### **Sunday Sermons**

#### **8/12 TODAY, 11:00AM – "We are Sacred"**

Dana Sparks, Guest Speaker

Dana Sparks will speak about our own natural sacredness and will perform a song or two on a drum that can help us relate and help activate those expressions into our own lives. Dana is a sun dancer who has accumulated alternative experiences that have thrust him painfully onto a path of seeking the divine nature of spirit directly. He has spent many years as a practicing Christian while simultaneously exploring his own Native American roots and the nature of his own personal experiences. He currently sun dances on a reservation in South Dakota.

#### **8/19 11:00AM – "On Meditation"**

The Rev. Dr. Stephen Butler Murray, Minister

Meditation is a spiritual discipline that helps us reach our essential self, unburdened by the cacophony of what is happening around us. What forms of meditation exist, and how might we try them?

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**August 12, 2018**

**"We Are Sacred"**

**Dana Sparks, Guest Speaker**

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### **Order of Service**

#### ENTERING

Lighting of Candles

Singing Together\*

*#1052 The Oneness of Everything  
Praise, Love and Gratitude (see insert)*

#### WELCOME

Dessa Cosma, Worship Leader

#### CENTERING

Prelude

Calling To Worship

Kindling the Flame

Opening Hymn\*

Choir Anthem

*#196 Singer of Life  
UU Detroit Choir*

#### DEEPENING

Silent Meditation

Invocation

Musical Meditation

Reading

Response

Message

*#123 Spirit of Life (please sing along)*

#### RETURNING

Offering

Closing Hymn\*

Recessional

*#175 We Celebrate the Web of Life*

**Congregation may exit to the Parlor. for coffee, cookies, and conversation.**

(\* indicates times to stand in body or spirit)

## Announcements and Events – August 12, 2018

**FLOWER DONATIONS:** Today's flowers are donated by Dan Secrest, to celebrate Chase Ashton Secrest's 6th Birthday.

**TODAY'S GREETERS:** Michelle Dainus and Daniel Peters will be greeting today.

**COFFEE HOUR:** Today we'll be meeting in the Parlor directly after service for coffee, cookies, and conversation. **Everyone is invited!**

**MEMBERSHIP COMMITTEE:** There will be a "Visitors' Table" and a "Sermon Discussion Table" every Sunday during Coffee Hour and Potlucks. Today, Dan Secrest is at the "Visitors' Table" and welcomes anyone who would like to know more about our church and our congregation. Please stop by. **We'd like to get to know you better!**

**ORDER OF SERVICE COVERS:** We want to remind you to PLEASE PUT YOUR OOS COVER IN THE BOX ON THE RADIATOR AS YOU EXIT THE SANCTUARY!

**RIDE SHARES TO CHURCH ON SUNDAY** - If you or someone you know could use a ride to church on Sunday, please contact the office with your location. Your availability will be published among our community to find a driver open to sharing a ride. Please contact the church office @ 313-833-9107 or email [office@1stuu.org](mailto:office@1stuu.org).

**INTERACTIVE BOARD/CONGREGATIONAL MEETING - AUGUST 19:** You're invited to an interactive meeting with members of the UU Detroit Board of Trustees and Rev. Murray, to take place after the service on August 19 in the Social Hall. Bring your ideas, questions and concerns! We look forward to an engaging dialogue to keep us all informed. New member Martha Bogner, who was elected as a delegate to the 2018 General Assembly, will report on her experiences there, and we'll address our burgeoning child care issues, as well as our hope to introduce a Religious Education program sometime in the future.

**WORSHIP COMMITTEE RETREAT** will be held on August 18 from 10 a.m.- 4 p.m. If you have questions or wish to attend, please contact Nancy Owen Nelson at [nelnan@aol.com](mailto:nelnan@aol.com)

**POTLUCK MOVED TO AUGUST 19:** Our Sunday August 12 potluck is being rescheduled to August 19 due to training in the social hall on the 12th. Coffee hour will be in the Parlor, without potluck, on August 12. POTLUCK WILL BE AUGUST 19 IN THE SOCIAL HALL. Thank you!

**VESPERS ON AUGUST 22:** Nancy Owen Nelson and Nancy Shattuck will present our **August Vespers** with the poetry of Freya Manfred and brief passages from her father's, Frederick Manfred's, work on Wednesday, August 22 at 6 p.m., Library, Henry Ford Village. [15101 Ford Rd., Dearborn, MI](http://www.freyamanfredwriter.com/). Here's the link to Freya's website: <http://www.freyamanfredwriter.com/>

### **SING ALONG: Praise, Love & Gratitude** Anita Jones

I praise the **earth** and I love the **earth** and I'm grateful for my life (2X).

Praise, love and gratitude, that's my new attitude.

I praise the **earth**, and I love the **earth**, and I'm grateful for my life.

I praise the **wind** and I love the **wind** and I'm grateful for my life (2X).

Praise, love and gratitude, that's my new attitude.

I praise the **wind** and I love the **wind**, and I'm grateful for my life

I praise the **fire** and I love the **fire** and I'm grateful for my life (2X).

Praise, love and gratitude, that's my new attitude.

I praise the **fire** and I love the **fire**, and I'm grateful for my life

I praise the **water** and I love the **water** and I'm grateful for my life (2X).

Praise, love and gratitude, that's my new attitude.

I praise the **water** and I love the **water**, and I'm grateful for my life.